

Santa Teresa

CATHOLIC CHURCH

June 5th, 2022 | Pentecost Sunday — *Domingo de Pentecostés*

Welcome to our Parish Bienvenidos a nuestra Parroquia

Address: 1212 Lucky St.
Bryan, TX 77803
Office: (979)822-2932
(979)822-5714
Fax: (979)822-6957
Emergency Line: (979)704-1314
E-Mail: St.teresa@verizon.net

STAFF

Rev. Victor Mayorga, Pastor
Direct Line: (979) 704-5393

Rev. César Guzmán,
Associate Pastor
Direct Line: (979) 704-5392

Rev. Alberto Carbajal Madera,
Associate Pastor

Deacon Fred Molina
Deacon Antonio de Jesus Jorge

Betty Turner
Business Administrator

Martha Gallegos
Director of Religious Education
(979) 822-5557

Isabel Reyes
Liturgy Director

Mary Maldonado
Secretary

Office Hours
Horarios de Oficina

Mon-Thu/Lunes a Jueves
1:00 pm - 7:00 pm

Friday/Viernes
1:00 pm - 6:00 pm

Closed Weekend
Fin de Semana Cerrado

Sunday Mass / Misa Dominical

Saturday (Vigil) 7:00 pm
Sabado (Vigilia) (Spanish/Español)

Sunday/Domingo

Spanish/Español 8:00 am
English/Ingles 10:00 am
Spanish/Español 12:00 pm
Spanish/Español 2:00 pm

Week day Mass/Misa en la semana

In the Chapel/En la Capilla

Tuesday-Friday/Martes a Viernes
6:30 pm (Spanish/Español)

Holy Hour/Hora Santa
Thursday/Jueves 6:30 pm

Sacrament of Reconciliation

Sacramento de la Reconciliación
(Confessions/Confesiones)



For updates and more visit us on:
Para mas información actualizada visítenos en:



Website: santateresabryan.com
Facebook: www.Facebook.com/St.Teresa,Bryan.TX

GOTAS DE FE DROPS OF FAITH



¿Hablas corresponsabilidad?

Si estás casado, supongo que conoces la mejor manera de darle malas noticias a tu cónyuge, ya sea que te des cuenta o no. Tal vez sea simplemente que sabes que no debes hablar sobre el presupuesto después de que el equipo de fútbol de tu esposa ha perdido. Tal vez sepas que tu esposo tomará la noticia de que tu hermana vendrá para quedarse un poco más tranquilo si le cuentas mientras come su cena favorita. Hacemos lo mismo con nuestros hijos, nuestros amigos, nuestros compañeros de trabajo: todos hemos aprendido el idioma de las personas que amamos.

La verdad es la misma en todos los idiomas, pero es importante para nosotros transmitir esa verdad con amabilidad. Eso es lo que nos enseña Pentecostés. El don de poder hablar en lenguas brindó a los apóstoles una habilidad práctica para difundir el mensaje del Evangelio, pero también sirvió como un poderoso símbolo de la importancia de una comunicación eficaz. La evangelización solo puede suceder cuando estas hablando con palabras que una persona puede, está lista y está dispuesta a escuchar.

Preguntémonos: ¿cuál es el idioma que debemos hablar para compartir la verdad con la persona que está frente a nosotros? ¿Es el lenguaje del tiempo de calidad? ¿El lenguaje de preocupación? ¿El lenguaje de la risa y la amistad? ¿El lenguaje de la autenticidad? ¿El lenguaje sencillo y de franqueza?

El Espíritu Santo les dio a los Apóstoles la habilidad de hablar en lenguas, y parece milagroso cuando leemos sobre esto en los Evangelios, pero solo consideremos que todos tenemos esta misma habilidad, de cierta manera. El Espíritu Santo puede mostrarnos y nos mostrará cómo hablar la verdad, si solo lo pedimos.





GOTAS DE FE DROPS OF FAITH



Do You Speak Stewardship?

If you are married, I'm guessing that you know the best way to break bad news to your spouse, whether you realize it or not. Maybe it's simply that you know not to talk about the budget after your wife's football team has lost. Maybe you know your husband will take the news that your sister is coming to stay a little easier if you tell him over his favorite dinner. We do the same thing with our children, our friends, our coworkers — we have all learned the language of the people we love.

The truth is the same in every language, but it's important for us to convey that truth graciously. That's what Pentecost teaches us. The gift of being able to speak in tongues afforded the Apostles a practical skill to spread the Gospel message, but it also served as a powerful symbol of the importance of effective communication. Evangelization can only happen when you're speaking in words a person is able, ready, and willing to hear.

Let's ask ourselves: what is the language we need to speak to share the truth with the person who is standing in front of us? Is it the language of quality time? The language of concern? The language of laughter and friendship? The language of authenticity, of plain talk and frankness?

The Holy Spirit gave the Apostles the ability to speak in tongues, and it seems miraculous when we read about it in the Gospels — but only consider that we all have this same ability, in a certain way. The Holy Spirit can and will show us how to speak the truth, if we only ask.



Intenciones de misa para la semana del:
Mass intentions for the week of
May 28th, 2022

Sabado/Sat., June 4th, 2022

7:00 p.m. +Ilda Arreola, +Alicia Ipina,
+Juan Ipina, animas del purgatorio

Dom/ Sun, June 5th, 2022

8:00 a.m. Virginia Lara (salud),
+Elvira Medina Saldana, +Jose Luis
Castillo Vargas, +Maria del Carmen
Hernandez, +Jose Figueroa, +Jose
Angel Figueroa, +Porfiria Figueroa y
+Antonia Hernandez, +Maria Elena
Vega Montoya(10th, aniv.), +Jovita
Alvarado Salazar, +Luis Francisco
Alvarado, +Francisco Alvarado Es-
quivel.

10:00 a.m. Propopulo, +Fr. Guillermo
Buades, +Fr. Victor Alvarez, +Estrella
Garcia, +John Garcia Sr.

12:00 p.m. Familia Granados Lopez,
+Gonzalo Cruz Perez, +Jose Nivardo
Rodriguez, +Jose Rios, +Margarita
Sifuentez, +Jose Angel y +Antonio
Arellano, +Maria de la Luz Guerrero,
+Jessica Noemi Herrera Quevedo,
+Jose Emmanuel Sanchez

2:00 p.m. +Ramona Galvan, +Maria
Lucas Lucio, +Olegario Aguilar,
+Irene Rodarte, +Manuel Avila

Lun/ Mon, June 6th, 2022
no misa

Mar/ Tue, June 7th, 2022
6:30 p.m. Propopulo

Mier/ Wed, June 8th, 2022
6:30 p.m. Propopulo

Juev/ Thur, June 9th, 2022
6:30 p.m. Propopulo

Vier/ Fri, June 10th, 2022
6:30 p.m. Propopulo



La vela del Tabernáculo en la
Iglesia
está encendida en memoria
del Señor:



+Rubén Patiño Herrera

LISTA DE ORACIONES/ PRAYERS

Señor, por favor envía tu Espíritu
Santo a las siguiente personas que
necesitan sanación:

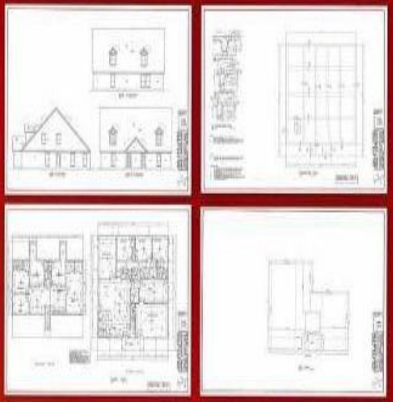
Lord, please send your Holy Spirit to
the following who need healing:

- * Por los enfermos de Covid -19
- *Gloria Aguirre
- *Margarita Arechar
- *Roberto Luis Villareal
- *Santiago Grajera
- *Gregoria Hernandez Soto
- * Maria Elena Alvarado
- *Virginia Lara
- *Camilita Hernandez
- *Isabel Grajera
- *Isabel Ramirez
- *Henley Speer
- *Esteban Gaytan Gomez





**AYÚDANOS CON TU DONATIVO
ECONÓMICO O MATERIAL
A CONSTRUIR LA CASA DEL APÓSTOL**




DIOS BENDIGA SU GENEROSIDAD

**POR LA PLATAFORMA
[HTTPS://GOFUND.ME/0A0EE0C6](https://gofund.me/0A0EE0C6)
O BIEN MANDAR EL DONATIVO
402 HALL ST. BRYAN, TEXAS. 77803**

**RESPONSABLE
DIAcono ANTONIO DE JESUS JORGE JULIÁN
TELÉFONO: 512- 589-4887**



LAVA LAVA LUAU

VBS IS BACK THIS SUMER

**BRING YOUR KIDS AGES 5-12
VBS WILL BE HELD ON
JULY 25TH- JULY 29TH
FROM 5PM- 8:30PM**

**Controlling
Our Emotions**

**5 DAY VBS
\$5 PER CHILD**

**REGISTRATION WILL BEGIN ON
JUNE 26 AFTER EACH MASS,
EVERY SUNDAY UNTIL JULY 24TH**



CLERGY/ CLERO

Rev. Victor Mayorga
Pastor/Párroco
Rev.mayorga@stateresa.org

Rev. Cesar Guzman Diaz
Associate Pastor/Pastor Asociado
Rev.guzman@stateresa.org

Rev. Alberto Carbajal Madera
Associate Pastor/Pastor Asociado

Fred Molina
Deacon/Diácono
dcfmolina@gmail.com

Antonio de Jesus Jorge
Deacon/ Diácono
Misionero Apóstol de la Palabra

**ADMINISTRATIVE STAFF
PERSONAL ADMINISTRATIVO**

Betty Turner
Bookkeeper & Business Administrator
Contador & Administrador de Empresas
betty.turner@stateresa.org

Mary Maldonado
Secretary/Secretaria
mary.maldonado@stateresa.org

Martha Gallegos
Director of Religious Education
Directora de Educación Religiosa
martha.gallegos@stateresa.org

Isabel Reyes
Liturgy Director
Directora de Liturgia
isabel.reyes@stateresa.org

Jason Turner
Maintenance/Mantenimiento
jason.turner@stateresa.org



**RECEIVE
THE HOLY SPIRIT**



C.Y.M.

Catholic Youth
Ministry
St..Teresa's
annointed teams in
christ

The long awaited return of C.Y.M. is returning this June.

There will be 2 English language ministries, Junior CYM for children that have completed their First Communion Sacrament and Static CYM for those teens and young adults that have completed their Confirmation Sacrament.

We are in need of adult leaders that are excited and willing to work in these two ministries . The adults have to be EIM certified through the Austin Diocese. We will help those who want to volunteer and need to get certified

**Please text or call Phillip Flores for more information
@ 979-492-5202**

Please join us in prayer for these 2 exciting CYM Ministries

HOORAY!

MEDITACIÓN DEL EVANGELIO – ALENTAR UN ENTENDIMIENTO MÁS PROFUNDO
DE LA ESCRITURA

Domingo de Pentecostés

Con la Solemnidad de Pentecostés, concluye el tiempo de la Pascua. Tiempo de gozo y alegría en el Señor Resucitado. Hoy, la Iglesia entera se llena de alegría con Pentecostés. Recordemos que, el Espíritu Santo es un don dado a la Iglesia por el Resucitado. *“El espíritu del Señor ha llenado toda la tierra; él da unidad a todas las cosas y se hace comprender en todas las lenguas” (Sabiduría 1:7).* Todos quedaron llenos del Espíritu Santo y comenzaron a hablar las maravillas de aquel acontecimiento, lo sorprendente es que todos se entendían. ¡Vaya regalo tan grande para todos nosotros, el don del Espíritu Santo!

“El Espíritu Santo es el don pascual por excelencia. Con la unción del Espíritu, la santidad de Jesucristo se imprime en nuestra humanidad y nos hace capaces de amar a los hermanos con el mismo amor con que Dios nos ama. Y, finalmente, el Espíritu envía. Jesús es el Enviado, lleno del Espíritu Santo del Padre. Ungidos por el mismo Espíritu, también nosotros somos enviados como mensajeros y testigos de paz. ¡Cuánta necesidad tiene el mundo de nosotros como mensajeros de paz, como testigos de paz!” (Papa Francisco). Señor, como tus discípulos, también nosotros deseamos tu paz, ellos estaban intranquilos por tu muerte en la cruz. Tuvieron que esperar hasta Pentecostés para encontrar la paz en sus corazones. Queremos vivir en tu paz y en tu amor. Viviendo nuestra fe aferrados a tu amor. *“Ven, luz santificadora, y entra hasta el fondo del alma de todos los que te adoran. Concede a aquellos que ponen en ti su fe y su confianza tus siete sagrados dones” (Tomado de la secuencia al Espíritu Santo).*



“Formando a los líderes”



Escuela Bíblica

Presenta el tema:

Nuevo Testamento

Parroquia Santa Teresa,
1212 Lucky St, Bryan, TX 77803

9, 16, 23 y 30 de junio de 2022

7:00 p.m. a 8:30 p.m.

A través de



ID: 454 376 3484

Passcode: 1234

IMPORTARTE INSCRIBIRSE

Informes e inscripciones:

512-589-4887



Será impartido por el
Diác. Antonio de Jesús



CasaApostol.Bryan
www.apostolesdelapalabra.org

Es importante participar
CON LA BIBLIA

Formación para miembros y líderes parroquiales

Biblia y Apologética



Será impartido por el
Diác. Antonio de Jesús

Parroquia Santa Teresa
Bryan, Tx.

6 al 8 de junio de 2022

7:00 p.m. a 8:30 p.m.

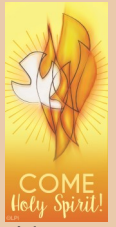
Informes: Oficina parroquial
979 822 2932 / 512 589 4887



CasaApostol.Bryan
www.apostolesdelapalabra.org
Tel.: 512 589 4887

Es importante
TRAER LA BIBLIA

GOSPEL MEDITATION - ENCOURAGE DEEPER UNDERSTANDING OF SCRIPTURE



Pentecost Sunday

Even though Pentecost is rightly celebrated in late spring, the robust experience of a New England fall can provide a profound metaphor for reflection. A full expression of fall colors is beautiful to behold. But, with all of its majesty and beauty, the observer knows the experience of death is soon to come. Creation will be dark and barren for a while. Pentecost cannot be separated from the cross. Before God's transformative, life-giving power can bear fruit, we must first die.

Pentecost is all about leaving the lifeless dead wood behind and allowing God, through the power of the Holy Spirit, to create something new. These Pentecost creations happen repeatedly over and over again. The birthing process of the Church is ongoing. God is always bringing life out of death and creating something where there was once nothing. That is why the fall is such an apropos metaphorical season for Pentecost. In order to really receive the gift of the Holy Spirit we have to die to what we once knew and what no longer works.

When fire and wind find their fullest expression, they are in no way gentle nor kind. They have the potential to level anything in their paths. We are experiencing great turmoil in our world, nation, and our Church. Whether the result of circumstance or the work of the Holy Spirit, much of what we knew to be normal and constant is changing. Common systems and institutional structures that may have worked for a time no longer do. When the old and familiar need to be left behind, God creates something new. Change and disorder do not need to be our enemies. They always bring opportunities for something exciting and new. What we need is untiring faith, firm hope, and perfect love.

What we need is for the Holy Spirit to enlighten us to see what is important and what we must do. *"O Holy Spirit, descend plentifully into my heart. Enlighten the dark corners of this neglected dwelling and scatter there Thy cheerful beams."* (St. Augustine) If we experience joy, even in the midst of turbulence, then we will know we are exactly where God needs us to be. If not, then perhaps there is a lesson in the decaying leaves that graciously descend to the ground on a crisp fall day.

**AA ALCOHOL ANONYMOUS
MEETINGS IN SPANISH.
MONDAY TO FRIDAY 8:00PM—9:30PM
AT 410 N. MAIN ST.
BRYAN, TEXAS
FOR MORE INFORMATION
YOU CAN CALL : JUAN CONTRERAS
AT 979-571-9964**



**REUNIONES DE ALCOHOLICOS
ANONIMOS EN ESPAÑOL
LUNES A VIERNES 8:00PM— 9:30PM
EN 410 N. MAIN ST.
PARA MAS INFORMACION LLAMAR A:
JUAN CONTRERAS AL 979-571-9964**



**EL GRUPO DE
CURSILLOS DE CRISTIANDAD**

LOS INVITA A SU ULTREYA.

TODOS LOS LUNES

EN SALON GUADALUPE

A LAS 7:00PM

**De
Colores!!!**



WEEKLY PRAYER

READINGS FOR THE WEEK OF JUNE 5, 2022

- Sunday:** *Vigil:* Gn 11:1-9 or Ex 19:3-8a, 16-20b or Ez 37:1-14 or Jl 3:1-5/
Ps 104:1-2, 24, 35, 27-28, 29, 30/Rom 8:22-27/Jn 7:37-39
Extended Vigil: Gn 11:1-9/Ex 19:3-8a, 16-20b/Ez 37:1-14/Jl 3:1-5/
Ps 104:1-2, 24, 35, 27-28, 29, 30/Rom 8:22-27/Jn 7:37-39
Day: Acts 2:1-11/Ps 104:1, 24, 29-30, 31, 34/1 Cor 12:3b-7, 12-13
or Rom 8:8-17/Jn 20:19-23 or Jn 14:15-16, 23b-26
- Monday:** Gn 3:9-15, 20 or Acts 1:12-14/Ps 87:1-2, 3 and 6, 6-7/Jn 19:25-34
- Tuesday:** 1 Kgs 17:7-16/Ps 4:2-3, 4-5, 7b-8/Mt 5:13-16
- Wednesday:** 1 Kgs 18:20-39/Ps 16:1b-2ab, 4, 5ab and 8, 11/Mt 5:17-19
- Thursday:** 1 Kgs 18:41-46/Ps 65:10, 11, 12-13/Mt 5:20-26
- Friday:** 1 Kgs 19:9a, 11-16/Ps 27:7-8a, 8b-9abc, 13-14/Mt 5:27-32
- Saturday:** Acts 11:21b-26; 13:1-3/Ps 98:1, 2-3ab, 3cd-4, 5-6/Mt 5:33-37
- Next Sunday:** Prv 8:22-31/Ps 8:4-5, 6-7, 8-9 [2a]/Rom 5:1-5/Jn 16:12-15

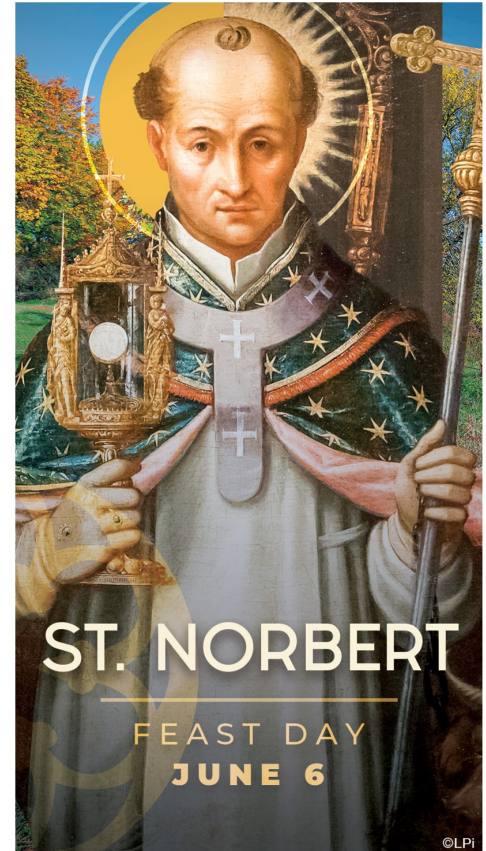
OBSERVANCES FOR THE WEEK OF JUNE 5, 2022

- Sunday:** Pentecost Sunday; St. Boniface, Bishop and Martyr
- Monday:** Blessed Virgin Mary, Mother of the Church; St. Norbert, Bishop
- Thursday:** St. Ephrem, Deacon and Doctor of the Church
- Saturday:** St. Barnabas, Apostle
- Next Sunday:** The Most Holy Trinity

LIVE THE LITURGY

Inspiration for the week

St. Josemaria Escriva tell us, "To live according to the Holy Spirit means to live by faith and hope and charity. To allow God to take possession of our lives and to change our hearts, to make us resemble him more and more." Today we celebrate the gift of the Holy Spirit given freely by God to us. The Holy Spirit is the very breath of God and the true source of our power and strength. When we accept that God is the beginning and the end of all things, we open ourselves to receiving this powerful presence. The Holy Spirit alone is the one who teaches us how to pray, who stirs us to lift our eyes to heaven in search of our Creator and opens them to recognize the wonderful gifts of faith, hope, and love God gives us. The Holy Spirit is the one who teaches us how to understand ourselves, God, others, and the world. When we allow God's Own breath to truly take possession of us, we realize that we are meant to become like God and know Him as He really is. This ultimate helper lifts our eyes from what is below to what is above and empowers us to live life with joy and keener vision!



SAINT OF THE WEEK

Born to nobility, St. Norbert of Xanten, was ordained as a subdeacon and served in the court of Henry V, Emperor of Germany, however, at court it was easy to be distracted by wealth, power and luxury and he lived a worldly and corrupt life there. By the grace of God while traveling in a storm he was nearly struck by lightning and almost killed. This experience changed St. Norbert and he became penitent, left his court post, and after a period of discernment in a monastery, felt called to be a priest.

Norbert became an itinerant preacher, preaching against worldly attitudes but at the Pope's request finally settled in northern France and founded the Norbertine order established according to the rule of St. Augustine. The order grew rapidly and soon founded women's branch. Norbert traveled and preached across Germany where he also founded a lay branch of the Norbertines. In Belgium he preached against heresies which denied the Blessed Sacrament.

Eventually he was made Archbishop of Magdeburg, Germany, and later he traveled to Rome in support of Pope Innocent II, against the antipope. Afterward he returned to Germany to court of Emperor Lothar as advisor, at end of life, in failing health, St. Norbert was carried back to Magdeburg where he died.

PUZZLE

How many spirits can you count?



THE ANSWER IS FOURTEEN

MISSION

Pray to the Holy Spirit. Ask him to help you learn more about Jesus.

GROWING WITH THE Gospel

CYCLE C

COLOR

Read the Gospel of the week and color the image.



GOSPEL

The disciples must have missed spending time with Jesus after he went back to heaven. But they knew that the Holy Spirit would always be with them, helping them remember what Jesus taught them. The disciples kept learning about God and kept growing closer to him. The Holy Spirit will help you remember Jesus, too.

PRAYER

Dear God, thank you for sending the Holy Spirit.

DRAW

Draw a picture of Jesus washing his friends' feet.

Baptism Requirements:

1. Child's Birth Certificate
2. Sponsors: Church Marriage Certificate
3. Children older than 7 years, have to attend to Religious Education Classes
4. Parents and sponsors have to take a baptismal class
5. No children allowed in the baptismal class
6. If someone arrives late on the baptism date, it will be scheduled for the next Saturday
7. We have to have all the requirements at least 2 weeks before the date. Without documents we cannot register.

First Communion Requirements:

1. Have proof of Baptism
2. Must be at least 6 years old or be in grade 1 of the school

Confirmation Requirements:

1. Have your proof of Baptism and First Communion.
2. Must be at least 14 years old or in grade 9 in school

Quinceañera Requirements:

1. Have the Sacraments of Baptism, First Communion and be enrolled in the Confirmation program.
2. Set the date at least 6 months in advance
3. Participate in a Quinceañera's retreat.

Wedding Requirements:

Recent documents, no more than one year

1. Baptism certificate
2. Confirmation certificate
3. Those who are already civilly married bring a copy of the wedding certificate
4. Those who are not civilly married go to court 20 days before the wedding and ask for a marriage license and bring it to the office
5. 6 months in advance of the wedding, request an appointment with the Priest.
6. Meeting with the Priest where the wedding day will be fixed, the documents will be requested and the ceremony that the couple wants will be defined.
7. New appointment with the Father to bring the documents and fill out the forms
8. The office will call you to schedule the appointment for the rehearsal
9. A week before the contracting parties have to confess so that they can receive communion on their wedding day
10. For the day of mass, you will need a Choir, which will be the responsibility of the couple to find the right one for their wishes

Anointing of the Sick

1. Call the Priest when the person is in danger of death

Requisitos para Bautismo:

1. Acta de nacimiento
2. Comprobante de matrimonio religioso de los padrinos
3. Niños mayores de 7 años, deben atender a clases de Educación Religiosa
4. Papas y padrinos deben atender a clases pre-bautismales (o entregar comprobante vigente)
5. No niños en las pláticas
6. Ser puntual, si alguien llega tarde al Sacramento, se recoge para la siguiente semana
7. Tenemos que tener los requisitos mínimo 2 semanas antes de la fecha. Sin documentos no podemos inscribir.

Requisitos para Primera Comunión:

1. Tener comprobante de Bautizo
2. Debe tener al menos 6 años cumplidos o ingresar al grado 1 de la escuela

Requisitos para Confirmación:

1. Tener su comprobante de Bautizo y Primera Comunión
2. Debe tener al menos 14 años o estar en el grado 9 de la escuela

Requisitos para Quinceañeras:

1. Tener los Sacramentos de Bautizo, Primera Comunión y estar inscrita en el programa de Confirmación
2. Separar la fecha al menos 6 meses de anticipación
3. Debe participar en un retiro para Quinceañeras

Requisitos para Bodas:

Documentos con fecha reciente, no más de un año

1. Certificado de Bautismo
2. Certificado de Confirmación
3. Los que ya están casados por lo civil, traer copia del acta de la boda
4. Los que no están casados por lo civil, ir a la corte 20 días antes de la boda y pedir una licencia de matrimonio y traerla a la oficina
5. Pedir cita con el sacerdote, mínimo 6 meses antes de separar la fecha.
6. En la reunión con el sacerdote se fijará el día de la boda, se pedirán los documentos y se definirá la ceremonia que quiera la pareja.
7. Nueva cita con el sacerdote para traer los documentos y llenar las formas
8. La oficina les llamará para las prácticas de la boda
9. Una semana antes los contrayentes tienen que confesarse para que pueden recibir la comunión el día de su boda
10. Para el día de la misa, necesitara coro, será responsabilidad de la pareja buscar el adecuado a sus deseos.

Unción de enfermos:

1. Llamar al sacerdote cuando la persona esté en peligro de muerte.



Por favor considere dar en línea.
Nuestra Parroquia está
agradecida por su
continuo apoyo.
También pueden dejar su sobre
de la ofrenda
en la oficina Parroquial.
¡Gracias!

Please consider online giving.
Our Parish is grateful for your
continued support.
Thank You!

[www.santateresabryan.com/
donate-donaciones](http://www.santateresabryan.com/donate-donaciones)